

## Big Island- West Hawaii - Online Meetings

### Sunday

*Sunday Solutions* (4-5pm) **Temporarily on hold at this time.**

*Baby Steps* (6:30-7:30pm) **Meeting in Person Only.** Holy Rosary Church, Old Mamalahoa Hwy, Kailua-Kona, HI 96740

### Tuesday

*Tuesday Kailua-Kona AFG* (12:30-1:45pm) **Meeting in Person Only.** Trinity Lutheran Church, 77-165 Lako St, Kailua-Kona, HI 96740

*Tuesday Night Book Study* (7-8pm) Email Questions to: [Tuesdaynightbookstudy@gmail.com](mailto:Tuesdaynightbookstudy@gmail.com)  
Video Option: <https://meetings.ringcentral.com/j/1484919352> DIAL IN option: (469) 445-0100; Meeting ID: 148 491 9352

### Wednesday

*As We Understood* (6-7pm) - Video Option: <https://meetings.ringcentral.com/j/3142106581> DIAL IN option: (469) 445-0100; Meeting ID: 314 210 6581

### Thursday

*Kamuela Alanon Family Group* (8-9am): **ON ZOOM**  
Zoom Meeting ID: 984 4865 1229; Password: 784847

*Joy AFG* (12:30-1:45pm) Video Option: <https://meetings.ringcentral.com/j/1493368045> DIAL IN option: (469) 445-0100; Meeting ID: 149 336 8045

*Women Seeking Serenity AFG* (5pm) Video Option: <https://meetings.ringcentral.com/j/1499932546>  
DIAL IN option: (469) 445-0100; Meeting ID: 149 993 2546

*Kona Recovery Group* (7-8pm) Video Option: <https://meetings.ringcentral.com/j/1486785572>  
DIAL IN option: (469) 445-0100; Meeting ID: 148 678 5572

### Friday

*Aloha Friday* (6-7pm) Video Option: <https://meetings.ringcentral.com/j/1494332044>  
DIAL IN option: (469) 445-0100; Meeting ID: 149 433 2044

*Friday Night Beginners* (7-8pm) Video Option: <https://meetings.ringcentral.com/j/1484544829>  
DIAL IN option: (469) 445-0100; Meeting ID: 148 454 4829

### Saturday District Birthday - held on the third Saturday of each month.

*District Birthday Meeting* (6-7pm) Video Option: <https://meetings.ringcentral.com/j/1485660956> DIAL IN option: (469) 4450100; Meeting ID: 148 566 0956

### Helpful Contact Information

Big Island 24-Hour Hotline: 808.935.0971

Al-Anon World Service Office: [www.al-anon.alateen.org](http://www.al-anon.alateen.org) or email: [wso@al-anon.org](mailto:wso@al-anon.org)